



January 2025

SMART CHOICE – SMART USE SCHOLARSHIP 2024

Peer-Reviewed Journal Articles

Bartholomae, S., & Pippidis, M. (2024). *Health and Wealth Connections: Implications for Extension Professionals*. Journal of the National Extension Association of Family and Consumer Sciences. (19)57-69.

Nuckols, D. (2024). *Hypertension Screening in Dental Settings and the Need to Address Dental Insurance Literacy*. The Journal of Extension, 62(4), Article 11. <https://doi.org/10.34068/joe.62.04.11>

Nuckols, D., & Sorenson, C. (2024). *When a Health Insurance Provider says “No”: A Health Insurance Claim Navigation Tool*. The Journal of Extension, 61(4), Article 16. <https://doi.org/10.34068/joe.61.04.16>

Refereed Extension Publications

Brown, V., Pippidis, M., Nuckols, D., & Sipple, K., (Aug. 2015, updated Oct. 2024). *Saving for Health & Medical Expenses: Health Flexible Spending Accounts and Health Savings Accounts* (FS-1019), University of Maryland Extension. go.umd.edu/FS-1019

Brown, V., Ketterman, J., & Cooke, S., (2015, updated September (2024). *How do I Choose a Primary Care Provider? Ask the Right Questions* (FS-1022). University of Maryland Extension. go.umd.edu/FS-1022

Ketterman, J., Goeringer, P., Pippidis, M., & Bruce, N. (2024). *Health Care Insurance Options for Farm Business Operations* (FS-2024-0706). College Park, MD. University of Maryland Extension. Available at <https://extension.umd.edu/programs/family-consumer-sciences/health-insurance-literacy/farmers/>

Ketterman, J., & Lurtz, M. (2019, Updated 2024). *Paying for Healthcare or DayCare? Flexible Spending Accounts Can Help!* (FS-1083). College Park, MD. University of Maryland Extension. Available at <https://extension.umd.edu/resource/paying-healthcare-or-daycare-flexible-spending-accounts-ca>

Russell, M., Brown, V., Braun, B., Pippidis, M., Sorenson, C., & Matava, L. (June 2015, updated October 2024). *Health Insurance Protects and Provides for You and Your Family* (EBR-41). University of Maryland Extension. <https://go.umd.edu/EBR-41>

Sorenson, C., & Matava, L. (2024). *Saving Money on Prescription Drugs* (FS-2024-0712).

University of Maryland Extension. go.umd.edu/FS-2024-0712

Curricula/Programs

Sorenson, C. (2024). *Smart Use, Smart Actions for Diabetics*.

Peer-Reviewed Presentations

Sorenson, C., & Kettermann, J. (2024). *Health Insurance Issues in Mental Health Care*. Maryland Community Action Partnership, 2024 Annual Human Services Conference, Ocean City, MD.

Kettermann, J., Sorenson, C., & Nuckols, D. (2024). *What My broken arm cost how much?* Joint Council of Extension Professionals 2024 Extension Leadership Conference, Tampa, FL.

Kettermann, J., Pippidis, M., Goeringer, P., & Bruce, N. (2024). *Hiring and Retaining Farm Employees - Creating an Employee Handbook*. 2024 Extension Risk Management Education National Conference, Salt Lake City, UT.

Patel, D., Habibi, M., Terhune, C., Henley, S., Sorenson, C., Chan, A., Kettermann, J., & Jackey, B. (2024) *An Interdisciplinary Extension Program: Address Health Needs of Alzheimer's and Related Dementia Caregivers*. National Extension Association for Family and Consumer Sciences 2024 Annual Session.

Sorenson, C., Kettermann, J., Nuckols, D., Sipple, K., Matava, L., McCoy, L., & Cooke, S. (2024). *A Successful Team-Based Approach to Extension Education*. National Extension Association for Family and Consumer Sciences 2024 Annual Session.

Peer-Reviewed Posters

Sorenson, C., Kettermann, J., & Terhune, C. (2024). *Financial Education for Dementia Caregivers*. Association for Financial Counseling and Planning Education Annual Research & Training Symposium, Columbus, OH.

Invited Presentations

Sorenson, C., Kettermann, J., & Mathuuri, P. (2024). *Understanding Health Insurance Literacy*. DC Health Link Assistor Training. Invited by India Anderson, DC Health Benefit Exchange Authority.

Teaching

Consumer Workshops

Sorenson, C. (December, 2024). *Smart Use, Smart Actions for Diabetics*. Cheryl Bush's Dining with Diabetes group. Grasonville Community Center.

Matava, L., & Cooke S. (November 2024) *Smart Use, Understanding and Estimating Health Care*

Costs, Tital Health Community Wellness.

Chan, A. (October, 2024). *Smart Use, Smart Actions for Mental Health*. Pyramid Healthcare, Joppatown, MD.

Matava, L., & Cooke, S. (October,2024) *Smart Choice, Health Insurance Basics*, Tital Health Community Wellness.

Matava, L., & Cooke S. (October 2024) *Smart Use, Smart Actions*, Tital Health Community Wellness.

Matava, L., & Sipple K. (October 2024) *Smart Use, Your Health Benefits*, Tital Health Community Wellness.

Sorenson, C. (October, 2024). *Smart Use, Managing Health Insurance and Resolving Conflicts*. MS Support Group - Carroll Hospital. Westminster, MD.

Ketterman, J. (April, 2024). *Smart Use, Smart Actions*. Salem Elementary School. Hagerstown, MD.

Matava, L., & Sipple, K. (March, 2024). *Smart Choice, Health Insurance in your Senior Years*. Farm Succession Workshop. Snow Hill, MD.

Sorenson, C. (March, 2024). *Smart Use, Managing Health Insurance and Resolving Conflicts*. Harford County Department of Social Services. Havre De Grace, MD.

Sorenson, C. (March, 2024). *Smart Use, Managing Health Insurance and Resolving Conflicts*. Acts Retirement Living Center - Parkinson's Support Group. Sykesville, MD.

Sorenson, C. (February, 2024). *Smart Choice, Health Insurance Basics*. Johns Hopkins University Clark Scholars Program.

Sorenson, C. & Ketterman, J. (January, 2024). *Smart Choice, Health Insurance Options for Farmers and Small Businesses*. University of Maryland Extension, Washington County Extension Office.

Ketterman, J. (January, 2024). *Smart Choice - Health Insurance Options for Farmers and Small Businesses*. University of Delaware Cooperative Extension, Georgetown Office.

Webinar Programs

Ketterman, J. (November, 2024). *Smart Use, Smart Actions*. Work Experience Program.

Ketterman, J. (November, 2024). *Smart Use, Smart Actions for Mental Health*. Chesapeake College.

Cooke, S., & Ketterman, J. (October, 2024). *Health Insurance Literacy*. Fall Series.

Ketterman, J. (October, 2024). *Smart Choice, Health Insurance Basics*. Work Experience Program.

Chan, A. (August, 2024). *Smart Use, Smart Actions for Mental Health*. Garrett County Reflection

House.

Chan, A. (July, 2024). *Smart Use, Smart Actions for Mental Health*. ROPTA.

Ketterman, J. (June, 2024). *Smart Use, Smart Actions for Mental Health*. Work Experience Program.

Sorenson, C. (June, 2024). *Smart Use, Smart Actions*. AHEC Eastern Shore.

Sorenson, C. (June, 2024). *Smart Use, Smart Actions for Diabetics*. Cheryl Bush's Dining with Diabetes group.

Ketterman, J. (May, 2024). *Smart Use, Understanding and Estimating Health Care Costs*. Work Experience Program.

Nuckols, D., Sipple, K., & Ketterman, J. (May, 2024). *Basics for College Students*.

Ketterman, J., & Pippidis, M. (April, 2024). *Smart Choice, Health Insurance Options for Farmers and Small Businesses*. Hiring and Retaining Farm Employees Webinar Series.

Ketterman, J. (April, 2024). *Smart Use, Smart Actions*. Work Experience Program.

Sorenson, C. (April, 2024). *Smart Use, Understanding and Estimating Costs*. Bay Atlantic University.

Ketterman, J. (March, 2024). *Smart Use, Understanding and Estimating Health Care Costs*. Work Experience Program.

Ketterman, J. (January, 2024). *Smart Use, Smart Actions*. Work Experience Program.

Awards

Patel, D., Chan, A., Sorenson, C., Habibi, M., Terhune, C., Henley, S., Jackey, B., & Ketterman, J. (2024). Alzheimer's Disease and Related Dementia Caregiver Program. Improve Human, Animal, and Environmental Health Award. Presented by AGNR Cornerstone.

Patel, D., Chan, A., Sorenson, C., Habibi, M., Terhune, C., Henley, S., Jackey, B., & Ketterman, J. (2024). *Alzheimer's Caregiver Education*, Human Development/Family Relationships 3rd Place National, National Extension Association of Family and Consumer Sciences.

Patel, D., Chan, A., Sorenson, C., Habibi, M., Terhune, C., Henley, S., Jackey, B., & Ketterman, J. (2024). *Alzheimer's Caregiver Education*, Human Development/Family Relationships, 2nd Place Eastern Region, National Extension Association of Family and Consumer Sciences.

Sorenson, C., Chan, A., Patel, D., Habibi, M., Jackey, B., Ketterman, J., Terhune, C., & Henley, S. (2024). Alzheimer's Disease and Related Dementia Caregiver Program, Distinguished Team Award, Northeast Region, Epsilon Sigma Phi.

Grants

Goeringer, P., Ketterman, J., Pippidis, M., & Bruce, N. (2023-24). *Understanding Legal Risks in Agricultural Labor in the MidAtlantic*. Northeast Extension Risk Management Education (\$27, 821).